

JUNE 2025

ALZHEIMER'S
AND BRAIN
AWARENESS MONTH

ADSS NUTRITION PROGRAM SPRING MENU

SPRING FY25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 BINGO 10:00 Exercise NO MEAL DELIVERY 11:00 Lunch Out! Momma Jeans State Holiday	2 Menu 2 Grape Juice Chicken and Dumplings Broccoli and Carrots Cabbage Whole Wheat Bread Chocolate Cake Milk Margarine	3 Menu 3 Taco Salad: Taco Seasoned Beef Lettuce/Cheese/Tomato Corn Chips Pinto Beans Orange Fruited Gelatin Milk/Chocolate Milk Sour Cream/Taco Sauce	4 Menu 4 Tortellini Alfredo w/Spinach (1 cup) Pecorino Corn Fresh Fruit Whole Grain White Roll Chocolate Chip Pudding Milk Margarine	5 Menu 5 Apple Juice TRIO Salad Plate: Southern Chicken Salad Potato Salad Green Pea Salad Whole Wheat Bread (2 sl.) Fig Bar Milk
9 Menu 6 Orange/Pineapple Juice Chicken Noodle Casserole Green Peas Glazed Carrots Texas Bread White Cake Milk Margarine	10 Menu 7 Grape Juice Frankfurter/Bun Baked Beans Coleslaw Apple Dump Cake Milk/Chocolate Milk Onion Packet Mustard/Ketchup	11 Menu 8 Cheesy Beef Casserole Whole Kernel Corn Green Beans Fresh Fruit Whole Wheat Bread Shortbread Cookies Milk Margarine	12 Menu 9 Orange Tangerine Juice Ham and White Beans Buttered Rice Turnip Greens Cornbread Oreo Cookies Milk/Buttermilk Margarine	13 Menu 10 Sliced Turkey/Swiss Cheese Sandwich Vegetable Soup (6 oz) Lettuce/Tomato Whole Wheat Bread (2 sl.) Marble Pudding Milk Mustard/Mayonnaise
16 Menu 11 Apple Juice Meatloaf/Tomato Gravy Delmonico Potatoes Broccoli with Cheese Sauce Whole Wheat Bread Assorted Crème Cookies Milk Margarine	17 Menu 12 Grape Juice Italian Sausage and Penne Pasta White Lima Beans Cabbage Texas Bread Nutty Buddy Milk Margarine	18 Menu 13 Macaroni and Cheese Black-eyed Peas Collard Greens Fresh Fruit Cornbread Rice Krispies Treat Milk/Buttermilk Margarine	19 State Holiday 	20 Menu 15 Hamburger Patty Baked Beans BBQ Potato Chips Lettuce/Onion/Tomato Hamburger Bun Cherry Fruited Gelatin Milk/Chocolate Milk Mustard/Ketchup/Mayonnaise
23 Menu 16 Orange Pineapple Juice Chicken Tetrazzini Casserole Peas and Carrots Whole Kernel Corn Whole Wheat Bread Assorted Crème Cookies Milk Margarine	24 Menu 17 Southern Meatballs (6 ea) Whipped Potatoes Italian Green Beans Sliced Peaches Texas Bread Yellow Cake Milk Margarine	25 Menu 18 Apple Juice Smoked Sausage/Bun Red Beans and Rice Okra and Tomatoes Pineapple Tidbits Milk/Chocolate Milk Onion Packet Mustard/Ketchup	26 Menu 19 Creamy Paprika Chicken Rice Pilaf Mixed Greens Fresh Fruit Cornbread Lemon Pudding Milk/Buttermilk Margarine	27 Menu 20 Cranberry Juice Lasagna Casserole Spring Vegetables Tossed Salad Whole Wheat Bread Fudge Round Milk/Margarine Ranch/Diet Italian Dressing
30 Menu 1 Cranberry Juice BBQ Rib Patty Whipped Potatoes Mixed Vegetables Texas Bread Oatmeal Crème Pie Milk/Margarine	1 Menu 2 Grape Juice Chicken and Dumplings Broccoli and Carrots Cabbage Whole Wheat Bread Chocolate Cake Milk/Margarine	2 Theme Menu Tropical Juice BBQ Pulled Pork Baked Beans Coleslaw Hamburger Bun Banana Pudding Milk 	3 Picnic Meal Box Sliced Turkey/Cheese Sandwich Potato Chips Lettuce/Tomato Fresh Fruit Whole Wheat Bread (2 sl.) Fig Bar Milk/ Mustard/Mayonnaise	4 